

Uplift Your Body Mind & Spirit

2016 Program

CONSCIOUS
LIVING
EXPO

November 4-6

Perth Convention Centre

**Early Bird
DISCOUNT
Tickets
Online**



www.consciouslivingexpo.com.au



[/ConsciousLivingExpo](https://www.facebook.com/ConsciousLivingExpo)



CABOT HEALTH

**MEET
DR SANDRA CABOT
AT BOOTH 55**

WWW.SANDRACABOT.COM

GEOCLENSE

A simple solution for all electromagnetic radiation in your home.



State of the Art Ionic Resonance Technology designed to balance...

- Smart Meters
- WI FI
- Digital TVs
- Dirty Electricity
- Geopathic Stress
- Microwave Emissions
- Compact Fluorescent Light Bulbs
- Emissions from Substations & Towers...

Developed and manufactured in Australia by



www.orgoneffectsaustralia.com
 Phone: (03) 9775 4122
 Mobile: 0422 533 966
 Sick Building Syndrome Consultants
 Research and Education

Proven Technology that harmonizes all EMR. Feel the difference!



Gut Magic

Balancing Your Life

It is generally accepted that **65%** of our health is regulated by the **gut!**

Gut Magic is a specially formulated group of foods created to enhance **balance** in our lives.

Gut Magic uses a series of Australian foods to help with everyday **wellbeing**.

Available at **Stand 13** Conscious Living Expo or phone **0428 128 239** or go to www.gutmagic.com




LIFE MASTERY TRAINING

WITH **SYLVIA MARINA**

Workshops in

- Public Speak – Confidence
- Getting The Love You Want
- Transforming DNA Memories
- Return To Love

Personal Consultations by appointment

0412 198 612 info@sylviamarina.com



Speaker • Educator • Author • Inspirer

UPLIFT YOUR BODY MIND & SPIRIT

Come and experience 3 days that could transform your life!

Meet our Exhibitors and discover what motivates and drives their passion for healthy lifestyle choices. Participate in the Keynote workshops and FREE seminar program, join in the Q&A Panel discussions with our speakers. Experience heart opening music, psychic readings, meditations, and dance performances. Learn from celebrated authors, mediums and practitioners how you can realize your full potential in all aspects of your life.



Download the Expo App
<http://huru.com.au/card/consciousliving>

OPENING TIMES

Friday 4th and Saturday 5th November 9.30am-6.30pm

Sunday 6th November 9.30am-5.00pm

OUR VENUE

Perth Convention and Exhibition Centre,
Pavilion 3, 21 Mounts Bay Rd, Perth

TRANSPORT

Located in the heart of Perth city, the easiest and cheapest way to travel is by public transport.

Seniors travel free Friday 9am to 3.30pm

Saturday and Sunday all day

TRAINS AND BUSES The Elizabeth Quay Train Station services the Mandurah and Joondalup lines and the Busport is next to the Perth Convention (Free Cat Service stops here). A walkway connects the Perth Central Station to the Perth Underground Station.

FERRY Service between South Perth from Mends St Jetty to Elizabeth Quay Jetty (Perth) runs from 7:50am to 7:20pm.

PARKING is available below the Convention Centre @ \$5.80 per hour \$23 per 10 hours weekend \$16.80 per 10 hours . See more city parking here:
au.parkopedia.com/parking/carpark/westralia_square/6000/perth/

Special Thanks to our Sponsor Partners



TICKET INFORMATION

Early Bird Discounts
available until
21st October

Expo Admission Ticket Includes

All day access to the Expo Program of Performances, Mediumship demonstrations and Discussion Panels on the Main Stage, Meditations in the Sound Temple, Talks at the Speakers' Café, Food Demonstrations at The Juicist Cafe, Workshops in the Workshop Room (except for Featured Workshops).

VIP Admission Ticket Includes

All day access to the Expo Program PLUS Featured Workshops with Keynote Speakers, 1 Psychic Reading, 1 Kyela Sound Bath Plant Music Session, 1 Divine Mothers Channelling Session and the Expo Goodie Bag.

JOIN the
CLUB FREE
before 21st
October
to receive
\$57 EXPO
Value Pack



- Get 2 Tickets for \$18
- 12 Month Subscription – 4 Digital issues of Conscious Living Magazine
- Automatic entry in the draw to WIN Daily Door prizes
- Digital Showbag with Freebies
- Express Entry into the Expo

Early Bird Specials

\$10 Admission Ticket with any Featured Workshop Ticket
SAVE \$8

\$9 Admission Ticket with Psychic Reading Ticket
SAVE \$9

\$15 Admission Ticket
SAVE \$3

Admission Ticket Prices

	Admission	Conc	Earlybird
1 Day	\$18	\$15	\$15
2 Day	\$36	\$30	\$30
3 Day	\$54	\$39	\$39

VIP Ticket Prices

	Admission	Earlybird
1 Day VIP	\$122	\$99
2 Day VIP	\$213	\$159
3 Day VIP	\$276	\$199

Children Under 15 FREE

Concession Eligibility: Seniors Card, Pension Card, Social Security Card, Student Card

FEATURED KEYNOTE WORKSHOPS

Anthony Grzelka Mediumship Event – Tickets \$45 • Early Bird \$35

Munkhzul Munkhjargal Traditional Mongolian Shamanism – Tickets \$45 • Early Bird \$35

Gail Thackray Learn To Cut Psychic Cords / Learn To Be A Psychic Card Reader – Tickets \$45 • Early Bird \$35
VIP \$65 with individual clearing and up front seating

Psychic Reading 20 Minute Reading in Conscious Living Psychic Reading Room – Tickets \$59 • 1 Day Admission Ticket \$59

Sound Temple Sessions and Workshops

Kyela Vibrational Sound Bath Plant Music Tickets \$10 • Early Bird \$8

Dr Cushla Lovejoy Divine Mothers Heart Energy Activation/ Channeling Workshop Tickets \$15 • Early Bird \$10

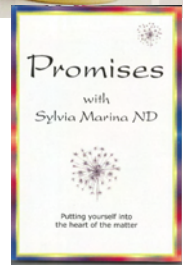
Heart Conscious Business Hub Launch Networking Function

Tickets \$30 – includes admission and light refreshments and nibbles

WIN Daily Door Prizes

Drawn at 3pm each day on the Main Stage

Door Prize	Value	Courtesy of
90 mins complimentary consultation	\$350	Norita Omar (Strive and Thrive)
10 x The Power of Vision – Book	\$30 each	Annette Stanton (Champion Leadership)
One photo shoot session with your pet	\$398	Marlies Loescher (Mar Lies Animal Photography)
Wellness Gift Pamper Basket	\$200	Leela Gnanasegaran (NUSKIN)
Emotional Intelligence Workshop Ticket	\$49	Usha Raman (The Tall Oak)
10 x The Promises – Book	\$25	Sylvia Marina



CRYSTAL CONNECTIONS
ADAM BARRALET

Books and Diaries | Guided Meditations
Oracle Cards | Webinars | Workshops

With over 20 years of experience, Adam brings his refreshing approach to working with crystals

www.adambarralet.com

YouTube Instagram iTunes



The Sacred Tree

You can find us at
BOOTH 69

Ph 98483360
www.thesacredtree.com.au

Exhibitor Showcase

- | | | | | | |
|-----|--|-------|--|-----|--|
| 61 | A Natural Funeral Choice – For People and Planet | G5 | Falun Gong | 19 | Nakis Beauty Boutiq |
| P11 | Access Consciousness | 67 | FM's Aromatherapy (AROMATANTRA) | 38 | Nutrimetics Skin Care and Nutritionals |
| P23 | Ajna Light Therapy | P21 | Freedom Life – Divine Healing | 21 | O'Neill Kinesiology College |
| P16 | Alira Light | P10 | Gail Thackray | F5 | Organo – The Best Coffee in Town |
| 71 | Alit Cosmetics | F3 | Goan Cuisine | 15 | Orgone Effects Australasia |
| P12 | Amanda Wright Crystal Bed Heling | G7-G8 | Gogo Fitness Brazil | P2 | Parag's Reiki Hut |
| 4 | Angel and Guide Artists | 73 | Gourmet Snacks | 22 | Psychic Divas |
| 18 | Arbonne | 48 | Green Gateway Services | 64 | Pure Health & Wellness Clinic |
| 5 | Aura Photos | 1 | Heart Conscious Business | P20 | Rachael TeWano – The Diamond Path |
| 13 | Australian College of Traditional Medicine | 31 | Heartfulness Meditation | 23 | Ripple Retreats |
| 72 | Australian Harvest/ Bio-Grape | 59 | Hungry Coach | 25 | Salad Master |
| 29 | Blossom Financial Planning | 11 | iHealth Saunas | E9 | Sattvic Soul |
| 44 | Bluesky 99 | 43 | In The Light of Truth The Grail Message | 41 | Sexy Water |
| 51 | Blurred Concepts Just Me | 42 | Infinite Wealth | 26 | Slimming with Weight Off Your Mind |
| P1 | Bowtech | P24 | Innovative Health | 6 | Soul Graduate Academy |
| E13 | Boxed Green | P19 | Integrated Energy Therapy(R) Healing with Angels | P3 | Soul Mind Body Healing |
| 55 | Cabot Health | 20 | It Works | G1 | Spirit Science & Fairytales |
| 1 | Conscious Living Magazine | P15 | Jeanette Jeha – BREATH FORCE Energy Healing | P17 | Steven North / Star Point 9 |
| E10 | Conservation Council WA | 70 | Johanna M McNamara Visionary & Healer | 37 | Strive and Thrive |
| 47 | Create Life Changes | 33 | Juice Plus+ | G9 | Summit Lighthouse |
| 58 | Crystal Connections by Adam Barralet | G6 | Kaftans By Clara-Ann | P16 | Sunwalker Dreaming |
| P18 | Cushla Lovejoy Channelling Divine Mothers | 17 | Karma Royal Experience | 62 | Sylvia Marina |
| 54 | Dingle Wellness | P6 | Ki Health International | C1 | The Juicist Café |
| G2 | Do What You Love Hub – Certified mBIT / Career Coach | F1 | Kuvings Silent Juicer | 69 | The Sacred Tree |
| 39 | doTerra Essential Oils / Diamond Health & Wellness | 32 | Kyani | 27 | Thyroid School |
| E1 | Earth Parenting Kids Activities | 65 | Life Force Asia Pacific | E8 | Tri Nature |
| 3 | Eco-Go Australia Pty Ltd | 63 | Lighthouse Photography Studios | F2 | Turmeric Latte Mix |
| 9 | Embody Bliss – Divinity Within | 8 | Living Pantry | E12 | Twins Sparkler Crystals |
| 60 | eQ Events | 57 | Lou Van Stone Music | 7 | Ultimate Beds/Bowel Restore |
| 68 | Essential Magnesium | P22 | Marian Rubock Clinic | 40 | Wainoni Sands Jewellery |
| | | P5 | Maylands Wellness Centre | 34 | White Light Energy |
| | | 35 | MetaBuz | 66 | Yelverton Brook/Sisel |
| | | 2 | Mind Body Soul Balancing | 14 | Young Living Oils |
| | | 10 | Modere | | |
| | | 24 | My Evolution Body Composition Scans | | |



M1	F5
M2	F4
M3	F3
M4	F2
F1	

Demos



C1

Eco Market

E12
E10
E9
E8

E13	
E7	45
E6	46
E5	47
E4	48

58	
57	59
55	60
54	61

Food & Nutrition

73	72
70	71

Health Wellbeing

69	68
66	67

P24	G6	
-----	----	--



P23			
P22			
P21	G7	G8	G9

Wishing Tree



52	62
51	63
50	

65
64

Health Wellbeing

39	38
42	37

36
35

Natural Therapies

30	
31	29
	28
32	27
33	26
34	

P11	
P20	P12
P19	P13
P18	P14
P17	P15
P16	

P10
P9
P8
P7
P6
P5

Kids Corner

44	40
43	41

Creative Arts

G5	G4	G3	G2	G1	10
Seminars & Workshops					9
					8
					7

Health Wellbeing

11	
12	16
13	15
6	
14	

17	25
18	24
19	23
20	22
21	

Natural Therapies

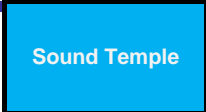
3	P1	P2	P3	P4
2	Psychic Reading Room			
1				

Health Wellbeing

5	4
---	---



Entry/Exit





Direct from Mongolia for the first time in Australia, Munkhzul Munkhjargal is a journalist, researcher and director of The Institute for the Study of Mongolian Shamanism. She takes regular tours around her beautiful country for those interested in learning about the nomadic culture, cuisine and traditional Shamanism of Mongolia. Together with her husband they will be sharing their vast knowledge and wisdom for the first time with Western Audiences!

A highlight is the traditional Mongolian Yurt especially flown to Perth by the Mongolian government for the Expo. Yurts are the traditional transportable dwellings of the nomadic people of Mongolia, made from wooden lattice covered in woollen felt and furnished with traditional hand crafted wooden furniture. The Yurt display will showcase shamanic drums, costumes and other healing tools and handicrafts from Mongolia. There will also be a demonstration of Mongolian cuisine.



Friday

12.30 Connecting with Spirit – Keynote Speaker Panel • Main Stage

Saturday

12.30 Traditional Mongolian Culture Speakers Café

4.00 Traditional Mongolian Cuisine Demo • The Juicist Café

Sunday

10.30 – 12.00 Traditional Mongolian Shamanism Featured Workshop
Workshop Room • Tickets \$45 • Early Bird \$35



Dreaming Deep

Moonlight Tribe – Caiseal Mor and Laya Rocha, present the Dreaming Deep. These acoustic alchemy sessions of 'Dream Yoga' are dedicated to awakening the dreamer within the dream. Enjoy the journey with their epic, healing, transcendent and other-worldly music!



Kids Puppet Theatre

This is a delightful show of paper puppets and traditional Eastern European marionette puppets, telling captivating stories accompanied by exquisite music. A treat for the kids and parents!



Earth Parenting and Play and the Kids Play activities

Kristi McMullan raised 4 children through intuitive Earth Parenting. Kristi is using the elements as tools for immersing the children in active wonder and fascination. Parents will be able to leave children in her care while they explore the Expo at their leisure. Kristi's activities will keep all ages of children happily engaged.

Friday

11.00 Women's Heart Voice session – Laya Rocha
Shamanic drumming, opening the voice, connecting with the body and heart.

2.30 Q&A with Munkhzul Munkhjargal about all things Mongolian.

5.00 Dreaming Deep



Saturday

10.30 Puppet Theatre & live music performance for the kids – Caiseal Mor and Laya Rocha

11.00 Women's Heart Voice session – Laya Rocha

12.00 Sound Birth – Sing Your Baby to You! – Nicole Lloyd

Discover how sound can be used as a supportive tool during child birth.

1.00 Earth Parenting: A bridge to the new paradigm – Kristi McMullan

2.00 Dreaming Deep

Sunday

11.00 Kids Music – a mini Sound Nutrition session – Nicole Lloyd will bring her amazing collection of unusual and beautiful instruments, providing an interactive Sound journey for your child.

12.00 Women's Heart Voice session – with Laya Rocha

1.00 Puppet Theatre & live music performance for the kids – Caiseal Mor and Laya Rocha

2.00 Dreaming Deep



Choose from a vibrant menu that includes fresh organic salads and cold pressed detox juices celebrating some of the best produce our farmers have on offer. Enjoy sumptuous Chia Pots, nutritious Falafel and warming dishes with influences from Ayurveda. Baguettes and Raw food with organic, gluten free and vegan options are

available. Be sure to try the delicious cakes and raw treats, coffee roasted by Pound Roastery in O'Connor; Teas, Kombucha, Smoothies, Nutrient Rich Shots and House made lemonades. Sample Anti-Aging Super Foods and nutritional such as Turmeric Latte, Goan Cuisine and more. Munkhzul Munkhjargal will prepare three meals...



Kitchen Demos

Friday

11.00 Quick and Easy Raw Foods – Ben and Stephanie – High Street Dispensary

2.30 Real Food – Nikki Heyder from NOOD

3.30 Lisa and Candice from My Kitchen Rules

Saturday

10.30 Quick and Easy Raw Foods – Ben and Stephanie – High Street Dispensary

2.30 Real Food – Nikki Heyder from NOOD

3.30 Traditional Mongolian Food – Munkhzul Munkhjargal will prepare three meals... Two healing soups called Buuz (steamed dumpling) and a Mongolian version of the meat pie called Khuushuur which is used for healing as well.

4.30 Goan Cuisine – Valentine de Souza

Sunday

10.30 Quick and Easy Ray Foods – Ben and Stephanie – High Street Dispensary

2.00 Real Food – Nikki Heyder from NOOD

3.00 Lisa and Candice from My Kitchen Rules



Enjoy these Natural Health Treatments with our Practitioners

Live blood analysis, Massage, Kinesiology, Head Massage, Reflexology, Reiki, Essential Oil Aromatherapy, Ajna Light Meditation, Ki Energy

Shop for stunning Crystals, Gemstone Jewellery, Clothing, Organic Skincare and Eco Friendly products for cleaning your home.

Make a Wish and donate a Native Tree at the Wishing Tree



Anthony Grzelka stepped into the media's psychic spot light over thirteen years ago and has rapidly risen to international acclaim earning him the title Australia's 'Ghost Whisperer'. Anthony Grzelka is considered to be one of this country's leading Mediums and is recognised for his unique talent to connect those seeking confirmation that life exists after death, with a down-to-earth, practical and compassionate approach. He has written 3 books: *Medium Down Under*, *Life & Beyond: A Medium's Guide to Dealing with Life and Loss* and *Spooked*.

Experience Mediumship at its Best

Workshop Room • Sunday 12.30 – 2.30pm • Tickets \$45 • Earlybird \$35

Gail Thackray (USA) is a world renowned psychic medium with a strong connection to the spirit world. Gail was not born a medium, rather at forty she received psychic downloads that enabled her to speak with spirits on the other-side. Gail believes we can all develop such a connection. She is the author of "Gail Thackray's Spiritual Journeys: Visiting John of God" and "30 Days to Prosperity." Many report spontaneous healings and a powerful connection just from attending Gail's events.



Connecting with Spirit – Keynote Speaker Panel • Main Stage • Friday 12.30 – 2.00pm

Spiritual Journeys – incorporating powerful energy from around the world

Workshop Room • Friday 5.30pm – 6.30pm

Healing Pain by Releasing Emotional Blocks • Main Stage • Saturday 2.00 – 2.30pm

Learn to Cut Psychic Cords – Featured Workshop

Workshop Room • Saturday 4.00 – 6.00pm • Tickets \$45 • Earlybird \$35 • VIP \$65

Learn to be a Psychic Card Reader Featured Workshop

Workshop Room • Sunday 2.45 – 4.45pm • Tickets \$45 • Earlybird \$35 • VIP \$65



Dr Cushla Lovejoy is a Channel for the Divine Mothers, a New Thought facilitator, spiritual counsellor, visionary and prayer therapy healer with 30 years teaching and working experience globally. In New Zealand Cushla spent the first 30 years with Maori Elders who imparted their knowledge and shared their wisdom in areas of spirituality, emotional development and their connection to source and the land.

Connecting with Spirit – Keynote Speaker Panel • Main Stage • Friday 12.00pm – 1.30pm

Q & A with the Divine Mothers – channelled by Dr Cushla Lovejoy

Sound Temple • Friday 3.30 – 4.15pm

Divine Mothers Heart Energy Activation • Sound Temple • Saturday 2.30 – 3.15pm

Channelling the Divine Mothers Workshop • Sound Temple • Sunday 11.00 – 11.50am

KEYNOTE SPEAKERS • HEALTH



Dr Sandra Cabot, author of many ground breaking books about the holistic prevention of disease including the bestseller, “The Liver Cleansing Diet”, is the Medical and Executive

Director of the Australian National Health Advisory Service which publishes her books and helps to raise money for numerous charities and Angel Flights. Dr Sandra Cabot presents health seminars around the world and is a strong advocate for holistic approaches for healing.

Boost Your Energy and Natural Pain Relief
Workshop Room • Saturday 12.00 – 1.00pm

Why Am I Tired? What to do about it
Speakers Cafe • Sunday 12.00 – 12.45pm



Dr Ravi Ratan (India) is a clinical aromatherapist, healer, author of “Handbook Of Aromatherapy” and co author of “Journey Through Chakras”. Dr.

Ratan integrates Ayurvedic Aromatherapy and Lymphatic drainage with Chakra healing and emotional release work. He provides personal healing sessions and he conducts training workshops in North America, UK, UAE and Australia.

Emotional Release and Chakra Balancing with Manual Lymph Drainage
Workshop Room • Saturday 11.30 – 12.15pm
Ayurvedic Aromatherapy for Chakra Healing • Speakers Cafe • Saturday 1.00 – 1.40pm

Dr Peter Dingle

is Australia’s most engaging and innovative thought leader on the topics of health, wellness and the environment, who presents cutting-edge research findings in an accessible, down-to-earth manner blending motivation and humour. He cuts through medical and health myths to give you the real facts. He currently has 12 books in print with the latest ones “Reversing Heart Disease,” and “Unlock Your Genes for Weightloss”.



7 Secrets to Real Weightloss
Workshop Room • Friday 12.30 – 1.15pm

Probiotics, People and Poo
Workshop Room • Saturday 11.00 – 11.45am

Overcoming illness. You don’t have to be sick • Speakers Cafe • Sunday 4.00 – 4.30pm

Christa Way

has spent the last 40 years as a nutritional consultant, herbalist, product formulator, and therapist. She is an international speaker and wellness coach who has inspired thousands of people around the world.



Breakthrough!
Workshop Room • Friday 3.30 – 4.15pm

Recovery and Resilience Discussion Panel
Main Stage • Saturday 12.30 – 1.50pm

Sea Minerals: The Key to Nutritional Fitness • Speakers Cafe • Sunday 1.00 – 1.20pm



Tim Guest is an Australian investor, entrepreneur, financial educator, motivational speaker and author. He is well known for leading seminars promoting financial literacy and education. First appearing on stage in 2010, thousands of people each year attend his seminars making him currently the most watched independent financial educator in Australia. He has been recognized for entrepreneurship, innovation and philanthropy as the winner of the 2015 WA Today Entrepreneur of the Year and 2015 Business News 40 under 40.

The Key to Financial Freedom • Workshop Room • Saturday 2.00 – 2.45pm

Sylvia Marina An International speaker and educator Sylvia Marina has thirty years of experience in identifying the passions and emotions that influence habits and oppression, disappointment and disease. With a down to earth attitude she ignites the spirit in people. She has a personal message that speaks to people who intend to live lives of meaning, contribution, wellness, and achievement. Grounded in wisdom and experience, her presentation style is professional. People walk away from her session feeling confident, with new skills and know-how, they then begin to think and behave, differently.



Recovery and Resilience Discussion Panel • Main Stage • Saturday 12.30 – 2.00pm
Transforming DNA Memories • Workshop Room • Saturday 3.00 – 3.45pm
Are You Getting The Love You Want • Speakers Cafe • Sunday 10.00 – 10.20am



Quentin Strauli (NSW) is the principal of The Australian College of Traditional Medicine in Sydney, Australia He is also a Bowen Technique Trainer, NLP Master Practitioner, Clinical Hypnotherapist and TimeLine Technique Trainer. As founder and director of the busy Glebe Healing Centre, Quentin sees all types of illness and emotional issues and his mind-body approach over the last twenty six years has slowly been adopted by many others in the field. He specialises in integrating both body and mind processes.

Timeline Technique • Workshop Room • Saturday 10.00am
Dealing with Addiction • Speakers Cafe • Saturday 4.45pm
Body-Mind Pain and Trauma Release Demonstration • Main Stage • Sunday 11.45am
Practical Parenting • Speakers Cafe • Sunday 2.00 pm
TimeLine Training • Monday November 7 (Post Expo) • 9.00am – 5.00pm



Rupert Guenther's music is mystical, timeless and healing. Renowned for his soulful tone and healing presence, his performances are an uplifting and positive meditative experience for audiences of all ages. His diversity of style has seen him tour Australia, the UK, USA and Europe, releasing 27 albums as an original solo artist since 2003

Mystical Art of Music • Main Stage
Friday 2pm, Saturday 4.45pm, Sunday 1.15pm

Lou Van Stone

With a sound that's constantly evolving, Lou combines soaring, ethereal vocals and lush harmonies with ambient instrumentation. The beautiful, bell-like quality of her voice has won over audiences worldwide. From blissful, transformational, meditative soundscapes, to chill-out, groove based, inspirational songs and right out the other side to euphoric 'trance floor' anthems.



Opening Ceremony and Attunement •
Main Stage • Friday 10.30am

Music For Bliss • Main Stage • Friday 3pm,
Saturday 12pm, Sunday 12.15pm

Closing Ceremony • Main Stage
Sunday 4.30pm



Caiseal Mor was born with brain damage and diagnosed as an autistic savant as a child. He is the author of 17 books, has written countless articles, recorded a dozen albums of original music and performs his music at Festivals around the world.

Dreaming Deep • In the Yurt
Friday 5pm, Saturday 4.30pm, Sunday 2pm

Theatre & live music performance for the kids • In the Yurt • Saturday 10.30am,
Sunday 1pm

Recovery and Resilience Discussion Panel
Main Stage • Saturday 12.30pm

My Autistic Journey • Speakers Cafe
Saturday 3.45pm

Closing Ceremony • Main Stage • Sunday 4.30pm

Laya Rocha

Singer-songwriter, Laya's music is heart-opening, healing and spontaneous, bringing joy and inspiration to her audiences. Her voice is warm and authentic and her songs carry deep messages that speak straight to the soul.



Women's Heart Voice session • In the Yurt
Friday 11am, Saturday 11am, Sunday 12pm

Laya Rocha - Vocal Performance
Main Stage • Saturday 2.45pm

Dreaming Deep • In the Yurt
Friday 5pm, Saturday 4.30pm, Sunday 2pm

Theatre & live music performance for the kids • In the Yurt • Saturday 10.30am,
Sunday 1pm

Spiritual Events & Directory

Your trusted source for Spiritual, Wellness & Personal Development Events, Services and Products

We have a wonderful New Age Directory of products, events, and services, covering:

- Astrology
- Life Coaching
- Energetic Healing
- Psychic Readings
- Nlp
- Shaman Services
- Spiritual Coaching
- and lots more.

Do you have an event, services or product you would like to promote? Do you want to reach thousands of people from your target market?

WE CAN ASSIST YOU...

- Facebook advertising
- Online/Offline marketing
- Website Advertising
- Banner advertising
- Newsletter advertising
- Booklet advertising
- Web design
- Graphic design
- Copy-writing
- Social media management



Contact **Sarah** for advertising opportunities

Phone 0423 402 715

Email promote@spiritualeventsdirectory.com

FB www.facebook.com/SpiritualEventsDirectory

Web www.SpiritualEventsDirectory.com



Yelverton Brook Eco Spa Retreat

In the heart of Margaret River region

Book Online



Now offering you Non Toxic products for your family & abundant health.

Ph 97557579 or www.yelvertonbrook.com.au



COLLABORATE WITH NATURE

High Performance Building With

- | | |
|----------------------|----------------------|
| Recyclable Materials | Building Durability |
| Waste Reduction | Mold Resistance |
| Energy Performance | Improved Air Quality |

See Us at Booth 48

www.green-gateway.com.au



Johanna M McNamara

*** Visionary * Medical Intuitive ***

- Creating your personal blue print for change -

Facilitator of personal change and transformation

*** Transform * Transmute * Transcend ***

Web: www.ascenthealing.com.au FB: [ascenthealing](https://www.facebook.com/ascenthealing) Skype Sessions

By Appointment ~ 0434 390 363

- * Visionary * Medical Intuitive *
- * Ancient Tibetan Healing Singing Bowls *
- * Reiki Master * Access Bars Practitioner *
- * Theta Healing® Practitioner *
- * Energy Magnetic Clearing & Healing *
- * Vibrational Energy Aromatics *
- * Holistic Children's Coaching *

Meditation - 1st Wednesday night of each month
*** Sessions * Work Shops * Groups * Individuals ***

Johanna 0434 390 363



Time-Line Workshop

Quentin Strauli

This **certified course** will provide practitioners with the fundamental skills to assist with many client's deeper problems. This is one of the most powerful practitioner therapies currently available for helping clients through **trauma, phobias, anger, guilt complex and many other emotional issues.**

for only \$195 (GST Inclusive) if you book before 1st November. \$250 on the day.

At Better Hearing TSH
36 Dodd Street, Wembley.

Monday 7th November 9.00 am to 5.00 pm
Book at Conscious Living: **08 9446 5883**

Any questions? **Stand 13** Conscious Living Expo.

10.30, 11.30 and 12.30pm

Kyela – Vibrational Sound Bath and Plant Music Sessions

Experience for the first time the magic of Plant Music. This will be amazing. Kyela is a unique, sacred sound ensemble, playing Crystal and Tibetan bowls, Fibonacci pipes, Solfeggio pipes, Koshi bells, crystal pyramid and a Wuhan gong. A session with Kyela will take you on a gentle journey of vibration and resonance to harmonise and balance your energies. After a session you will feel completely relaxed and rejuvenated. Tickets \$10 • Earlybird \$8



1.30 Shamanic Journey to the Spirit of the Plant – Sue Dempster (Boxed Greens)

Make a heart connection with a particular plant that you admire and go on a shamanic journey to the lower world to connect into the spirit of that plant. Find answers and guidance to assist you in your life and your soul purpose.



2.30 7 Everyday Uses for Your Crystals – Adam Barralet

Crystals have been used for thousands of years to bring us love, prosperity, health and protection. Come and learn seven simple ways to incorporate crystals into your everyday routine and experience to difference immediately.



3.30 Channelled Q&A on World Events with the Divine Mothers – Dr Cushla Lovejoy

Cushla is a Channel for the Divine Mothers, a New Thought facilitator, spiritual counsellor, visionary and prayer therapy healer with 30 years teaching and working experience globally. In New Zealand Cushla spent the first 30 years with Maori Elders who imparted their knowledge and shared their wisdom in areas of spirituality, emotional development and their connection to source and the land.



4.30 The Heart Activation Music – Steven North

Steven North is a musician, therapist, founder of the Heart Activation Music and channel for Amy (Spirit Guide and Twin Flame). Steven plays with crystal frequencies in a similar manner that a musician plays an instrument or a poet plays with words, the magic of energy as music. Experience the consciousness, frequencies and harmonics of crystals embedded into music.



5.30 Happy Healthy and Younger with Divine Healing Hands – Anne Stewart

10.00 Heart Activation Music – Experience the consciousness, frequencies and harmonics of crystals embedded into music.

11.00 Heartfulness Meditation – Lulu Ramnarayan – Join Lulu and experience a guided relaxation session followed by the Heartfulness meditation.

12.00 A New Dawn in Working with Crystals – Adam Barralet
It's time to get your crystals of the shelf and start using them for healing, manifestation and much more. Join Adam author of Crystal Connections and Crystal Reflections, for a discussion and meditation exploring new and exciting techniques for enhancing your connection with your crystals and nature.



1.30 Mindful Movement: Practical Techniques to Transform and Reduce Stress – Debbie and Ryoka Elton (Ripple Retreats)

2.30 Divine Mothers Heart Activation Workshop
Dr Cushla Lovejoy will introduce you to the Divine Mothers and share information about who they are and why they are reaching out to us at this time. Cushla will also share her journey that lead to channeling the Divine Mothers. Tickets \$15 • Earlybird \$10

3.30, 4.30 and 5.30 Kyela – Vibrational Sound Bath and Plant Music
Tickets \$10 • Earlybird \$8

Sunday November 6

11.00 Channeling the Divine Mothers – Workshop with Dr Cushla Lovejoy
Cushla Lovejoy will channel the Divine Mothers who will take you on a journey to experience and open your heart energy. Receive a personal inspirational card and messages. Tickets \$15 • Earlybird \$10

12.00 Crystal Chakra Balancing – Adam Barralet
Discover a simple way to test and balance your chakras every day with crystals.

1.00 Heart Activation Music – Steven North
The consciousness, frequencies and harmonics of crystals are embedded into music. Steven & Amy (incarnate & spirit guide) invite you to share this magical experience with them and your spirit guides.



2.00, 3.00 and 4.00 Kyela
Vibrational Sound Bath and Plant Music
Tickets \$10 • Earlybird \$8

PSYCHIC READING ROOM

BE GUIDED AND INSPIRED

by one of our professional and experienced Readers who offer a wide range of modalities, mediumship, tarot and more!

MAKE A PRE-BOOKING NOW TO AVOID THE QUEUES!

20 minute reading \$50!



EARLY BIRD SPECIAL

BOOK A READING ONLINE BEFORE OCTOBER 21 WITH DISCOUNTED ADMISSION **ONLY \$59 SAVE \$9!**

Friday 9.45 am to 6.15pm

Saturday 9.45 am to 5.15pm

Sunday 9.45 am to 4.15pm

BUY NOW

PSYCHIC READERS



LINDA BLACKSHAW
Professional Psychic and Reiki Master



NIKKI BRANSON
Tarot Readings



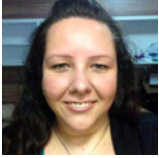
HAYDEN CRAWFORD
Psychic Intuitive and Colour Therapist



MARGARET DEBENHAM
Intuitive Tarot & Angel Cards



MICHELLE ELLA
Palms, Tarot & Astrology



LOUISE EDET
Angel Oracles



CATHERINE FINCH
Spirit Medium & Psychic Tarot



KAY GALLAGHER
Psychic / Clairvoyant



STEPHEN GILES
Tarot Readings



MYRTLE HARVEY
Medium, Tarot & Tea Leaf Readings



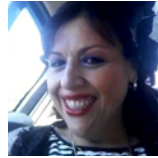
ZORA HARVEY
Psychic Intuitive



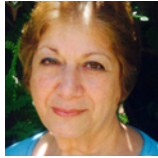
SIRPA LAHTI
Intuitive Tarot Readings



VICKI MOONSTONE
Clairsentient and Empath



DEANNE MURPHY
Psychic, Tarot, Psychometry, Photo Readings



RAMZI PESKA
Psychic Mediumship



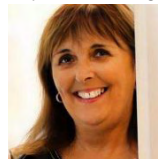
MELODY ROSE
Psychic, Card Readings



ELIZABETH SMITH
Angel Readings, Numerology & Photo Readings



SINEAD
Tarot & Intuitive Psychic



VERONICA SWENSEN
Psychic, Tarot, Psychometry, Photo Reading



KASHINA ZIELAND
Tarot & Gypsy Cards



HEART CENTRED PROFESSIONAL DEVELOPMENT AND BUSINESS GROWTH

- Network with Inspirational Business Leaders, Mentors and Colleagues
- Generate referrals to grow your client list
- Participate in Professional Training and Personal Development
- Present your seminars and courses
- Publishing Platform for your information
- Resources for marketing and promotion

If you are in a business or aspiring to start a new business or career you are invited to join us on the 1st Thursday of every month at Bendat Parents and Community Centre, Telethon Speech & Hearing Centre 36 Dodd St, Wembley

www.events.consciouslivingexpo.com.au



Join the Heart Conscious Business Hub – Expo Event

Friday 4.30 – 8.00 Heart Conscious Business Hub Event and Network Function - includes light supper and refreshments. **TICKETS \$30** and Free Admission into Expo **Meet in the Speakers Cafe at 6.30pm**

Networking with a Difference – Patricia Hamilton and Jacque Walker

Magic Moments – Discover Conscious Business – Hament Chavda

Book ONLINE

Channeling
The Divine Mothers
By Cushla Lovejoy
Booth P18
T: 0423 115 448
Cushlalovejoy.com

ar-omatanttra
Balancing the essence of Life

**Aromatherapy, Lymph drainage, Chakra Healing
TRAINING, TREATMENTS & PRODUCTS**

PURE & NATURAL ESSENTIAL OILS, AYURVEDIC ATTARS
**Dr. Ratans Aromatherapy Blends for
SKIN, HAIR & WELLNESS**
CHAKRA ANOINTMENTS, CRYSTALS/WANDS.

**Dr. Ratan's Integrated Healing workshops
& Personal Sessions (by appointment only)**

Call -0411672238 or visit Fm's AROMATANTRA Booth-67
Email: aromatantra@yahoo.com / www.aromatantra.com

SPECIAL EXPO OFFERS

Ripple Retreats
LEARN • LIVE • LOVE
**MINDFULNESS
YOGA
MEDITATION**
WELLNESS WISDOM

One-day Retreats
Weekend Retreats
India Yoga Adventure
Me-Time Mastery e-course

www.rippleretreats.com

**“Make Food
Your Medicine”**

ORGANO

Come and see us at
BOOTH F5
We are launching
Inner Origin
facebook.com/thebestcoffeeintown

Kieran Best & Melissa Mollinari
0412585140



10.30 A Near Death Experience... a journey to the other side – Gemma Colquhoun



11.00 Secrets of Tarot – All Your Questions Answered – Linda Blackshaw
Find out why Linda refuses to use the Celtic Cross spread. Linda will share with you some of the meanings of the cards and answer any questions you may have about the Tarot and give a one card reading.



11.30 New Paradigm Healing – Tony Norgrove
Tony has found a tried and tested emotional cleansing method which can re-ground our emotions, especially our fear self and effectively remove sabotages.



12.00 Your Skin's Secrets – Marian Rubock
A practical guide to understanding the link between your health and your skin and conditions such as acne, rosacea and eczema.



12.30 EMF Radiation – How to protect yourself your home your family – Gerard Bini
Gerard shares with you a detailed explanation of the many different EMF fields which could exist in your homes and workplaces and how they affect your health.



1.00 Get Healthy, Wealthy and Wise – just by changing your coffee – Kieren Best and Melissa Molinari
Discover the benefits associated with Ganoderma and get paid to refer and drink coffee/tea/hot chocolate. Get wise using Napoleon Hill's world renowned universal principles for success.



1.30 Bowel Restore – Simon Cairns
Many bowel problems affecting the Western World arise from disruption to bowel flora and fauna. Find out how Simon cured himself from Crohn's disease.



2.00 Wellness and Longevity – Pauline Hall
Would you like to increase your mental and cellular health? Learn about the four pillars of health and how they can assist you to increase your energy to live a life of health, wellness and purpose. Enjoy tasting a great energy drink



2.45 Find out what your DNA Gene profile can tell you about the right foods and the right diet for your optimal health and wellbeing – Rebecca Hall



3.15 Discover Your Life and Soul Purpose – Johanna McNamara
Johanna will channel, demonstrate, and show you how you can clear/resolve unwanted energies of emotional trauma/drama/conflict surrounding any issues in your life blocking you from attaining your goals and dreams.



3.45 Alira Light Healing – Maggie Sinton
Learn more about Alira Light, an intense healing Modality which involves connection and communication with the client's Personal Angels and involves a DNA activation and deep healing.



4.30 Magic Moments – Discover Conscious Business – Hament Chavda
Keep your customers and team. Learn the keys to walking the talk and creating team synergy and exceptional customer service for both tangible and intangible business success. Lead by Example!

That Weight Loss Cake ... and then the science of weight loss success



www.weightoffyourmind.net

Tel.: 040267 6186

doctorkatierichard@hotmail.com



Bowel Restore

Reduce inflammation, heal your gut and sleep well

See Simon Cairns at Booth 7

e: bowelrestore@bigpond.com
e: contact@ultimatebeds.com.au
www.ultimatebeds.com.au



90% of all diseases have their origins in inflammation

Curcumin is the strongest natural anti-inflammatory

Your daily dose of Curcumin is **just half a teaspoon** – equivalent to 15 teaspoons of Turmeric a day

www.biogrape.com **Stand No 72**

Volunteer

CONSCIOUS LIVING EXPO

JOIN OUR EVENT MANAGEMENT TEAM

Volunteer today to help at the Conscious Living Expo

Call Jacquie / Patricia
Tel: 0427 277803

e: web@consciousliving.net.au





11.30 Emotional Release and Chakra Balancing with Manual Lymph Drainage

Dr. Ratan explains the lasting health benefits of emotional release and Chakra balancing through Lymphatic Drainage and how releasing blockages and reduce the risk of health problems like lower/ upper back pains, oedema, menstrual imbalances, thyroid issues, and heart and breast issues.



12.30 7 Secrets to Real Weight Loss – Dr Peter Dingle

Learn to re-tune your genes to lose extra kilos of weight without dieting. By focusing on nutrient dense foods, supplementation, the right protein foods, probiotics and eliminating toxins from your home you can unlock your genes for weight loss and wellbeing.



1.30 Reiki – Physical Healing & Beyond – Parag Patani

Reiki is an alternative therapy that heals physical, mental, emotional and situational ailments. Reiki can be used to heal situations at home, at work and in relationships. Space clearing and energising is possible with Reiki.



2.30 Healing with Angels – Gretta Murphy

Learn and experience the healing modality of Integrated Energy Therapy IET which works with the energy of angels to clear suppressed emotions that may be held in the body at a cellular level.



3.30 Breakthrough! – Christa way

We are all born into infinite possibility. Explore ways to bring the infinite into your everyday life and break through the barriers, the veils that obscure your ability to see and realize who you really are, so you can have the life you came here to live.



4.30 Violet Flame to Heal, Body, Mind and Soul – Mary Marechal and Margo Norman

Learn how to use the Violet Flame mantras, given by St Germain, to penetrate the cells to heal the mind and soul, and how to use the science of the spoken word to reconnect with your Higher Self and I AM.



5.30 Spiritual Journeys – incorporating powerful energy from around the world – Gail Thackray

Gail works with many healers and has made documentaries on Crop Circles, Stone Circles, Druid Magic, Healing Waters and much more. Today, she will demonstrate some of these magical healing techniques on audience volunteers.



10.30 Opening Ceremony and Attunement

Welcome to Country with Elder, Violet Newman followed by a sacred ethereal vibrational vocal blessing by Lou Van Stone.

11.00 Abundance Manifesto – XaviourX transports the audience into a heart space with his original musical Magical offering.

11.30 Messages from Heaven – Live Audience Readings with Gypsy Maggie Rose.

12.00 Heart Activation Music – with Steven North.



12.30 Connecting with Spirit – Keynote Speaker

Panel Be inspired. Come and join our panellists who will share their personal journeys and participate in a Q and A format.

Munkhzul Munkhjargal – a Mongolian journalist, researcher and director of The Institute for the Study of Mongolian Shamanism. **Gail Thackray (US)** – a world renowned psychic medium. **Dr Cushla Lovejoy** – channel for the Divine Mothers; **Steven North** – Founder of the Heart Activation Music Therapy share their own story and connection with Spirit. **Violet Newman** – from Nyoongah Circle of Elders.



2.00 Mystical Art of Music – Rupert Guenther – Enjoy a mystical journey of attuning to sacredness through music.

2.30 Restoring Balance in the Body – Teresa Rechichi releases energy blocks in the body using the Bowen Technique.

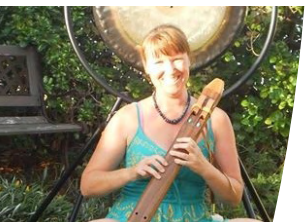
3.00 Music For Bliss – Lou Van Stone – Divine music to nourish your soul and uplift your heart. Ethereal vocals, lush instrumentation and potent energy.

3.30 Electrically Charged Belly Dancing – Belyssa Bellydance Academy will entertain you with their sparkling performance.

4.00 Moonlight Tribe Music – Caiseal Mor and Laya Rocha perform original songs and music.

4.30 Gong Sound Journey – Experience deep relaxation as Lisa plays an assortment of instruments including Gongs, Native American Drum and Flutes, Tibetan Singing Bowls.

5.00 Falun Gong Exercise Presentation – An ancient practice of cultivating the mind and body.





10.00 New Paradigm Healing – Tony Norgrove
Connecting to 'Divine Energy' Tony Norgrove will channel messages or directly communicate with your higher guidance to bring information and insights relevant to this time of your evolution on Earth, healing and clearing energies from your blueprint.



10.30 Metaphysical Healing – Kate and Stephen White
Learn about Light and Frequency Therapy techniques for your metaphysical body using coloured lights on chakras combined with frequency therapy on the light body's sacred geometry points.



11.00 That Weight Loss Cake and other dieting myths –
Dr Katie Richard
Discover what Dr's don't but should tell you about weight loss. How to quit "emotional eating" and stop food cravings, how to stop "yo-yo dieting" and whether it's really willpower that's needed.



11.30 Clear Your past and step into Your Life and Soul Purpose –
Johanna McNamara
Learn how to create your "Personal Blueprint" for your TRUE Life and Soul Purpose NOW. Johanna channels Divine Guidance to provide you with the tools to easily clear energy blocks from your past.



12.00 Foods that Shrink the Coronary Artery in 1 Hour –
John Charlick
Learn more about the signs of the superfood Turmeric.



12.30 Traditional Mongolian Culture – Munkhzul Munkhjargal
Munkhzul Munkhjargal offers us a chance to learn about the Mongolian ways of life and traditional Shamanism. This is her first visit to the West time sharing her vast knowledge and wisdom with Western Audiences!



1.00 Ayurvedic Aromatherapy for Chakra Healing – Dr Ravi Ratan
The term Ayurveda is taken from the Sanskrit words Ayus, meaning life or longevity, and Veda, meaning knowledge- Knowledge of longevity. As essential oils are highly volatile and evaporate easily when exposed to air, they are the best Chakra Healing tools when used according to Ayurvedic principles.



1.45 Sustainable Garden Health and Awakening Consciousness –
Graeme Mitchell
Discover why you don't need to add anything to sustain a healthy garden by recognising your innate value and gain an insight into the aboriginal understanding of plants and totems.



2.15 Curcumin and Inflammation – Martin Cheney will share with you the amazing properties of Curcumin, a very powerful anti-inflammatory extracted from the spice turmeric, and its health benefits.



2.45 Low Cost Sustainable Eco Housing – Todd Mason
How you can build modern buildings and homes that are durable and eco friendly using highly efficient construction methods and sustainable technologies that save time and money.



3.15 Advanced Neurological Acupuncture - Rodney Capriotti
An advanced way of treating pain, advanced neurological acupuncture offers instant pain relief and is the quickest way in allowing the body to have a complete recovery.



3.45 My Autistic Journey – Caiseal Mor
Autistic author, musician and artist, Caiseal Mor talks about his life and achievements. In his view Autism, though challenging offers many gifts.



4.15 Non Toxic Health and Wellness – Joy Ensor and Karen Wilson
Joy will share the secrets of how she incorporates her passion for health and wellness into her successful Margaret River Eco Retreat and Karen will show you how to detect toxins in your home and eradicate them by switching to safe alternatives.



4.45 Dealing with Addiction – Quentin Strauli will outline some of the techniques that can help both the client and practitioners in addressing repetitive behaviour that may generate issues in everyday life.



5.15 The Power of Mindfulness and Meditation in the 21st century – Gemma Colquhoun
Awaken your Conscious Mind to assist you in maximising your ability to create an aware life, whether it is your business life, personal life, or physical health and wellbeing.



BOOTH G9
Books & Teachings of the Ascended Masters
1300 554 384
www.tsl.org.au perth@tsl.org.au
THE SUMMIT LIGHTHOUSE
TM



Get this kit FREE! Ask HOW! Sample oil sachets to TRY! View at STAND 14



10.00 Timeline Technique – Quentin Strauli

The TimeLine Technique provides a profound counselling skill that ‘complements’ other modalities and life skills. It can be used to clear limiting decisions, help clients through trauma and phobias, release anger, guilt and sadness, create a desired future and convert anxiety to a positive and successful outcome.



11.00 Probiotics, People and Poo – Dr Peter Dingle

A healthy gut can determine how healthy you are and even how much weight you put on. If you want to know what else makes a healthy gut microbiome and what other health conditions it is related to come to this talk.



12.00 Boost Your Energy and Have Natural Pain Relief –

Dr Sandra Cabot

Would you like more energy? Are you suffering with nagging pain? Dr Sandra Cabot will share with you how you can Boost Your Energy and have Natural Pain Relief.



1.15 The Key to Financial Freedom – Tim Guest

You can't live the life you really want without ensuring your own financial well being. Tim Guest, Australia's most watched independent financial educator, will provide you with the skills and knowledge you require to ensure your freedom using only what you have available to you now.



3.00 Transforming DNA Memories – Sylvia Marina ND

Inherited family trauma, addiction and patterns of ill health didn't start with you, but it can certainly finish with you. Sylvia specialises in identifying the passions and emotions that influence habits and oppression, illness and disease. Sylvia will include a Transforming DNA Memories audience meditation.

4.00–6.00 Learn to Cut Psychic Cords – Featured Workshop – Gail Thackray



Gail will teach you how to sense these cords, figure out where they are coming from, remove them and protect yourself from their regrowth. Receive an attunement to help you sense cords. VIPs will receive an individual attunement from Gail and a personal removal of cords. Tickets \$45 • Earlybird \$35 • VIP \$65.



10.00 What is Access Consciousness? – Join Bernice Smith and Gigi Waters to learn how the Bars process can change your life.

10.30 Crystal Keeper Oracle Readings with Adam Barralet
Live audience readings.

11.00 Meet Luna the Owl – Stuart Payne (WA Conservation of Raptors).

11.30 Think like a Bee: How to Create a Sensual Eco Garden for Your Wellbeing – Sue Dempster from Boxed Green demonstrates how to use beautiful West Australian plants to bring small native birds, insects and bees to create a healthy garden that uplifts your body mind and spirit.

12.00 Music for Bliss – Lou Van Stone • Relax to the divine music that will nourish your soul and uplift your heart.



12.30 Recovery and Resilience Discussion Panel

Be inspired. Come and join the Q & A with our panellists who share their own stories of how they have turned their lives around and overcome adversity. Panelists: **Norita Omar** (Strive and Thrive), **Christa Kay** (Life Force), **Caiseal Mor**, **Kylie Wolfig** (Thyroid School), **Cherie Mason** and **Sylvia Marina**.



2.00 Healing Pain by Releasing Emotional Blocks – Gail Thackray
Physical pain, ill health and even blocks in our relationships and career are a reflection of stored emotional blocks Gail will show you how to discover these energy blocks, incorporate the lesson that they give and resolve and delete the energy mis-alignment.

2.45 Original ballads – Laya Rocha. Joined by Bridget Turner.

3.15 Electrically Charged Belly Dancing – Belyssa Bellydance Academy will entertain you with their sparkling performance.

3.45 Sexy Water – David Cottam “Sexy Water” is an antioxidant rich, micro-clustered water, which hydrates and detoxes the body.

4.15 Abundance Manifesto – XaviourX transports the audience into a heart space with his original musical Magical offering.

4.45 Mystical Art of Music – Rupert Guenther • Enjoy a mystical journey of attuning to sacredness through music.

5.30 Heart Activation Music – Steven North

10.00 Are You Getting the Love You Want? – Sylvia Marina

If you feel excluded rather than included, depressed, unwell and feeling unloved, then you're absolutely wanting to learn how to love right for your type.

10.30 Essential oils for Health and Vitality – Liz Mulvey

Live a conscious life and commune with yourself and with nature. Essential oils are nature's pharmacy, potent aromatic molecules ready to support your health and vitality naturally.

11.00 New Paradigm Healing – Tony Norgrove connects to 'Divine Energy', channelling messages, insights and clearing energies from your blueprint.

11.30 EMF Radiation: How to protect yourself, your home and your family from EMF Radiation – Gerard Bini

12.00 Why am I Tired? What to do about it – Dr Sandra Cabot will cover adrenal fatigue, neurotransmitter depletion, thyroid resistance, Lyme disease, fatty liver and more.

1.00 Sea Minerals – the Essential Keys to Nutritional Fitness – Christa Way

The revolutionary concept of combining two of nature's most nutrient-rich land and sea plants has made Life Force a proven daily wellness leader for over 30 years.

1.30 Metaphysical Healing with Light and Frequency Therapy – Kate and Stephen White

Healing techniques for your metaphysical body using coloured lights on chakras combined with frequency therapy on the light body's sacred geometry points.

2.00 Practical Parenting Skills – Quentin Strauli sheds new light on a mind-body approach to parenting to coincide with the launch of his new book.

2.30 Financial Wellbeing – Corey Jones, from Infinite Wealth gives you valuable tips and knowledge on how to build wealth and live the life you really want.

3.00 Change Your Thyroid Story – Kylie Wolfig shares her own ups and downs with Thyroid Disease, what makes the difference between you feeling well and feeling like you have been hit by a truck every day of your life.

3.30 Slow Eating – Bring mindfulness to your eating habits – Neil Forsey

4.00 Overcoming Illness – You don't have to be sick – Dr Peter Dingle

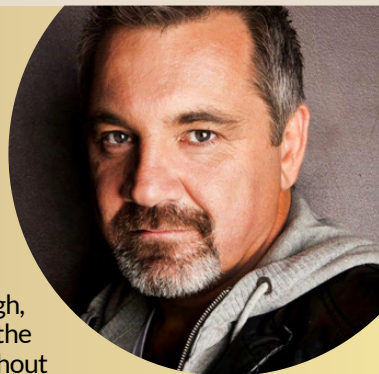
In our 50s nearly 50% of the population will have or already had a heart attack or stroke, diabetes. How by using the concepts of nutritional and lifestyle triage you can prevent and reverse these chronic conditions.



10.30 – 12.00 Traditional Mongolian Shamanism – Munkhzul Munkhjargal • Learn about the authentic shamanism of Mongolia from researcher and journalist, Munkhzul Munkhjargal who has personal knowledge and direct experience of this ancient practice. For the first time in Australia, audiences will have the opportunity to know the history and healing practices of traditional shamanism which is experiencing a revival in Mongolia and is widely practised by women. A shaman interacts with many other worlds or universes and contacting the spirits is an important part of shamans' work. Shamanism is something you're born with – you can't just decide to become a shaman – you must be chosen by the spirits. **Tickets \$45 • Earlybird \$35**

12.30 – 2.30 Anthony Grzelka Australia's Ghost Whisperer • EXPERIENCE MEDIUMSHIP AT ITS BEST!

In a live awe inspiring performance Anthony Grzelka will entertain and enlighten, while at the same time having audiences questioning what they think about heaven and the afterlife. Anthony will answer questions about spirituality; give messages from loved ones passed and help with real life decisions. The moment Anthony opens the doors between this world and the next, anything can happen. Without fail the dearly departed will come through, each with a message of love or comfort for a loved-one in the audience. Revelations given and predictions made throughout the event will take audiences on a spellbinding journey both emotionally and spiritually. Each connection made will be a step towards demystifying the spirit world and will leave audiences with one important message: Spirit can and will communicate with the living! **Tickets \$45 • Earlybird \$35**



2.45 – 4.45 Learn to be a Psychic Card Reader Featured Workshop – Gail Thackray • Learn to communicate with spirits on the other-side, read auras, receive messages and read Tarot and blessing cards. Develop intuition, Clairvoyance and clairaudience. Learn how to use your senses to connect with Spirit and communicate with loved ones on the other side. Whether you want to become a professional card reader, develop your abilities further or just want to deepen your connection you will receive guidance to help you connect in deeper with the spirit world. Everyone will receive a psychic attunement to enhance their clairvoyance abilities. VIPs will receive an individual attunement from Gail and any messages from their guides. Bring photos and objects from loved ones and pets in spirit you wish to contact. **Tickets \$45 • Earlybird \$35 • VIP \$65**

MAIN STAGE • Sunday November 6



10.00 Meet Luna the Owl – Stuart Payne (WA Conservation of Raptors).

10.30 Heart Activation Music – Steven North

10.45 Messages from Heaven – Live audience readings with Gypsy Maggie Rose.

11.15 Tai Chi for Health and Relaxation – Australian Academy of Tai Chi (WA)

11.45 Body-Mind Pain and Trauma Release

Demonstration – Quentin Strauli – Don't miss this amazing healing demonstration – it could change your life.

12.15 Music for Bliss with Lou Van Stone

Enjoy divine music to nourish your soul and uplift your heart with ethereal vocals, lush instrumentation and potent energy.

12.45 How to Bounce Back when SH_T Happens – Norita Omar, the founder of Strive and Thrive will speak about her journey plus there will be a special surprise!

1.15 Mystical Art of Music – Rupert Guenther

Enjoy a mystical journey of attuning to sacredness through music.

2.00 Qi Gong Demonstration – Jeanette Jeha – Qi Gong exercises and meditation using the mind to direct the flow of energy.

2.30 Electrically Charged Belly Dancing – Belyssa Bellydance Academy will entertain you with their sparkling performance.

3.00 Show up Stand Out – Mystery Event + Door Prize Draw.

3.30 Abundance Manifesto – XaviourX transports the audience into a heart space with his original musical Magical offering.

4.10 Bom Bom Special Norita from Strive and Thrive.

4.15 Closing Ceremony Musical Finale to celebrate the closing of the Conscious Living Expo.



**METAPHYSICAL HEALING TECHNIQUES
USING COLOURED LIGHTS ON CHAKRAS
COMBINED WITH FREQUENCY
THERAPY ON THE LIGHT BODY SACRED
GEOMETRY POINTS**

Kate and Stephen White

Tel: 0414 838 874

Email: Kate@whitecp.com.au

www.powertube.whitelighten.com.au

JoyWellness
HappinessPeaceLove
YouUsTogether



Lets Meditate

5/26 Hammond Road, Cockburn Central WA 6164
T 08 64980525 E perth@heartfulness.org

Are you looking for a natural way to good health?

Want to regain your energy for life? Looking to improve your family's health? Experiencing pain or recurring illness?

Visit **Pure Health and Wellness Clinic (Stand 64)** and speak to our qualified, experienced practitioners.

We take a personal, professional and friendly approach to helping you achieve optimal health.

Show Specials

- Hemaview™ (live blood analysis) testing just \$50 (normally \$70)
- 20 min hand massage/reflexology with customised aromatherapy just \$35 (normally \$50, includes take home aromatherapy blend)

Ask about our Free Health Assessments!



U10 Bassendean Shopping Centre 45-71 Old Perth Road Bassendean 6054
 ☎ 08 9378 2774 🌐 www.purehealthandwellness.com.au

CONSCIOUS LIVING

Magazine

• Earth • Food • Health • Arts • Spirit •
 Australia's Leading Magazine for Sustainable Healthy Living



Join the Expo Club Value \$57



Issue 92 Issue 93 Issue 94 Issue 95

- 1 FREE Ticket with 1 Admission Ticket Purchased
- Receive a 12 month FREE Conscious Living Magazine Subscription – Digital version- value \$39
- Automatically be entered to WIN Daily Door prizes
- Digital Show Bag with Special Offers and Freebies
- Express Entry into the Expo

Join The Club

www.consciouslivingmagazine.com.au



Like us on Facebook

Body Balance

A powerful combination of land and sea

For over 30 years, Life Force has been providing exceptional health and nutritional products, together with an incredible business opportunity.

When was the last time you jumped up out of bed excited for the day ahead and full of energy? When was the last time you had a "I can take on the world" feeling?

Body Balance, the flag ship product of Life Force, could do this for you!

Body Balance is a whole food dietary nutrition supplement, formulated with **SeaNine™**, our proprietary blend of nine wild, sustainably harvested sea vegetables; and certified organically grown and processed **Aloe Vera**.

It is designed to be a daily foundation support for increased energy and overall well-being.

Come see us at **booth 65** to find out more about this amazing product and take advantage of the **Conscious Living SPECIAL** on offer!!!

Can't make the Expo and want to know more, call us on **1800 888 306** and quote Conscious Living.



NATHAN, NAT & SHAUN WHEN YOU WAKE UP



NOVA 93.7



/NOVA937